

Mettā Prayer

(Buddhist Loving Kindness Prayer adapted)

Clif Hardin

Do not photocopy

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Soprano

Alto

Tenor

Bass

mp

May I be _____ at

mp

May I be _____ at

mp

May I be _____ at

mp

May I be _____ at

mp

Use pedal throughout

5

peace. _____ May I be con - fi-dent and

peace. _____ May I be con - fi-dent and

peace. _____ May I be con - fi-dent and

peace. _____ May I be con - fi-dent and

9 *mf*

true. _____ May I be held _____ in love. _____

mf

true. _____ May I be held _____ in love. _____

mf

true. _____ May I be held _____ in love. _____

mf

true. _____ May I be held _____ in love. _____



14

May I be well. _____

May I be well. _____

May I be well. _____

May I be well. _____



19

May you be at peace.

May you be at peace.

May you be at peace.

May you be at peace, be at peace.

23

May you be confident and true.

May you be confident and true, and true.

May you be confident and true.

May you be confident and true.

31

31

May you be well.

May you be well.

May you be well.

May you be well.

The musical score is for a piece titled "May you be well." It features four vocal parts (Soprano, Alto, Tenor, and Bass) and a piano accompaniment. The key signature is B-flat major (two flats) and the time signature is 4/4. The vocal parts are arranged in four staves, each with a treble or bass clef. The piano accompaniment is shown in the bottom two staves, with the right hand in a treble clef and the left hand in a bass clef. The lyrics "May you be well." are written below each vocal staff. The score includes a large, faint watermark reading "Do not" diagonally across the page.

35 *mf*

Peace to you.

mf

Peace to you.

mf

Peace to you.

mf

Peace to you.

esp.

39

Love to you.

Love to you.

Love to you.

Love to you.

esp.

43

Musical score for measures 43-46. The score is written for four vocal parts (Soprano, Alto, Tenor, Bass) and a piano accompaniment. The key signature is B-flat major (two flats). The tempo is marked 'esp.' (espressivo). The lyrics are: Kind - ness and com - pas - sion.

Kind - ness and com - pas - sion

Kind - ness and com - pas - sion

Kind - ness and com - pas - sion

Kind - ness and com - pas - sion

esp.

esp.

47

Musical score for measures 47-50. The score is written for four vocal parts (Soprano, Alto, Tenor, Bass) and a piano accompaniment. The key signature is B-flat major (two flats). The tempo is marked 'esp.' (espressivo). The lyrics are: live in you.

live in you.

live in you.

live in you.

live in you.

esp.

51

May we be at

May we be at

May we be at

May we be at

55

peace. May we be confident and

peace. May we be confident and

peace. May we be confident and

peace. May we be confident and

59

Music score for measures 59-63. The score is written for four vocal parts (Soprano, Alto, Tenor, Bass) and piano accompaniment. The lyrics are: true. May we be held in love. true, and true. May we be held in love. true, and true. May we be held in love. true, and true. May we be held in love.

64

Music score for measures 64-68. The score is written for four vocal parts (Soprano, Alto, Tenor, Bass) and piano accompaniment. The lyrics are: May we be well. May we be well. May we be well. May we be well.

69 *mp*

May you and I be well. May we be

mp

May you and I be well. May we be

mp

May you and I be well. May we be

mp

May you and I be well. May we be

mp

May you and I be well. May we be

mp

May you and I be well. May we be

75

well.

well.

well.

well.

well.

rall.